

Please note that this is a challenging walk and sensible shoes must be worn.

The walk contains many steep, uneven steps and so is not suitable for everyone. Children should be well supervised. Keep to the paths.

WATERFALLS AND NATURE TRAIL


Allow at least 45 minutes.


PUNCH BOWL Allow 10 minutes.

Both walks are circular and there is no time limit on how long you can take.

Don't rush as it is steep in places. Enjoy the walk at a pace that suits you. Remember that you are in a site of natural outstanding beauty.

PLEASE DO NOT DROP LITTER

 Woodlands Caravan Park

+  tearooms 100yds

To Ponterwyd
A44 3 miles

Gyfarllwyd Falls

Afon Rheidol River

The numbers ① to ⑭ shown on this map correspond with the numbers in the Nature Trail Guide Book on sale at the entrance.

Entrance & Exit
to Punchbowl

FREE No Overnight
Parking

WC

Entrance to
Waterfalls

To
Cwmystwyth
Eian Valley
& Rhayader

Three Bridges

Telescope

Halfed
Hotel

To Village &
Steam Train Station
W.C.

Waterfalls

Jacobs Ladder



Seating Gazebo

